

**OBSESSIVE COMPULSIVE & RELATED DISORDERS
LES GRODBERG MEMORIAL LECTURE SERIES 2008 – 2009**

**Sponsored by the Greater Boston Affiliate of the Obsessive Compulsive Foundation
McLean Hospital, De Marneffe Cafeteria Building, Room 132
Belmont, MA 02478**

The OCF of Greater Boston, in conjunction with McLean Hospital, presents a series of preeminent speakers in the field of OCD and related disorders. Each presentation takes place from 7:00 – 8:00pm.

September 9, 2008	I've Been Diagnosed with OCD – Now What?	Denise Egan Stack, LMHC OC Foundation
October 7, 2008	The Basics of ERP for OCD	Marilyn Zegman, PhD Behavior Psychotherapy Center
November 4, 2008	Perchance to Dream	James Claiborne, PhD South Portland, ME
December 2, 2008	Obsessed and Distracted: Having OCD and ADHD	Roberto Olivardia, PhD McLean Hospital/Harvard Medical School
January 6, 2009	Treating Perfectionism	Jeff Szymanski, PhD OC Foundation
February 3, 2009		CANCELLED
March 3, 2009	Adapting CBT for BDD in Ethnic Minorities	Luana Marques, PhD Massachusetts General Hospital
April 7, 2009	Body Focused Repetitive Rituals	Deb Osgood-Hynes, PsyD Center for Behavioral Health, LLC
May 5, 2009	Treating Intrusive Thoughts	Carol Hevia, PhD McLean Hospital OCD Institute
June 2, 2009	Medication Q & A	Michael Jenike, MD McLean OCD Institute

NOTE: Please check the website: www.ocfboston.org for information on changes to the schedule or cancellations.

Following each speaker presentation, there are several free self-help groups open to the public. For information on support groups please contact Denise Egan Stack at 617-855-2252. The groups will begin at 8:00 pm and run until approximately 9:30 pm. in rooms 114 and 132. The identity of participants and content of group discussion must remain confidential. Furthermore, if desired, you may remain anonymous. We remind participants to be open and supportive to the views of all those who take part in the support groups.

Obsessive Compulsive Foundation, PO Box 961029, Boston, MA 02196